

# Personal Safety at Work

COURSE CODE F3

VERSION 2008/01



## Training Outcomes:

After the training participants will be able to:

TOPIC	OUTCOME
<b>Understanding Aggression</b>	Describe the nature and causes of work-related aggression <b>Describe the current picture of risks in the UK</b>
<b>Prevention Techniques</b>	Conduct "On the spot risk assessments" by analysing specific risks including: <ul style="list-style-type: none"><li>• lone working,</li><li>• home visits,</li><li>• working on other people's premises and</li><li>• reception (as applicable).</li></ul>
<b>Managing the Risks</b>	<b>Explain the essentials of defusing aggression</b>
<b>Aftercare</b>	Describe the effects of violence and aggression

### Summary:

This seminar will identify work related personal safety risks for the group, and suggest practical options to reduce these risks.

The approach is interactive, and various resources are used.

### Typical Previous Clients:

A large multi-national company's staff development day

Conference of home-based workers

Government body doing home visits and inspections

## Important Information

<b>Content Variation</b>	Content can be varied upon request
<b>Duration</b>	1-2.5 hours
<b>Technical</b>	PowerPoint Projector (can be supplied for a nominal charge), Theatre or Cabaret style room layout, Flipchart with paper
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